

## **SUICIDI (SUICIdal Differentiation) scoring**

*suicidal behaviour yes/no*

*suicide attempt, if yes, how*

*attempts in past*

*male/female*

*age*

*management : circle*

*no referral/non-urgent care/urgent*

*care/section/admission voluntary/admission detained*

*differential diagnosis*

*past history*

*substances*

### **1) Perceptual Disintegration (disintegration perception & behavior, psychosis)**

Score

0= not present

1 = *Psychosis has relevance to suicidal behavior but most of behavior can be explained by something else.*

2 = *behavior largely explained by psychosis*

*1&2: taken into consideration that a psychosis may have different etiology. For example: someone who suffered serious loss and has become psychotic and suicidal will need to be scored a 2 because the cause is psychosis. This also applies to psychosis and suicidal behavior due to substance abuse.*

### **2) Primary Depressive Cognition**

Score

0= not present

1 = *Suicidal behavior has a relationship with long standing depressive cognition or appears to be related to low mood, failure or poor performance, however there is some doubt.*

2 = *Mostly explained by depressive cognition, not related to psychosis. There is no evidence of a relationship with psychotic symptomatology and suicidality or a sudden onset reactive low mood.*

### **3) Psychosocial Entrapment**

Score

0= not present

1 = Suicidal behavior appears to have a direct reactive relationship to recent events. There may be other explanations for emergence of suicidal behavior.

2 = Mostly explained by event with perceived serious loss, humiliation or imminent threat. There may be depressive symptoms however they have existed less than 2 weeks and without abnormal thought content. Suicidal behavior is not used as a way to communicate distress

### **4) Inadequate Coping (communication)**

Score

0= not present

1 = Behavior is suspect of being used to emphasize suffering and/or for secondary gains. Suicidal behavior can be perceived as being used to bring change. This behavior is used because there is no other coping-strategy to communicate distress in a different and more constructive way.

2= There is an obvious relationship between expression of suicidal behavior and the immediate, reactive and expected response. A depressive or psychotic disorder has been excluded.

<b>subtype</b>	<b>score</b>
<i>Perceptual disintegration</i>	
<i>Primary Depressive Cognition</i>	
<i>Psychosocial Entrapment</i>	
<i>Inadequate Coping (communication)</i>	